



Psyllium Seeds - Material Safety Data Sheet

1.	Information about the product	The ripe, whole dried and cleaned seeds of Plantago indica
2.	Product Code	09PS
3.	Composition	Psyllium Seeds
4.	Flavour and Odour	Odourless, insipid taste
5.	Appearance	Light brown/ pink to very dark brown oval shaped seed
6.	Information about the supplier	JustIngredients Ltd, Units 2-3a Tabernacle Road, Wotton-Under-Edge, Gloucestershire GL12 7EF Telephone: 01291 635525 E-mail: technical@justingredients.co.uk
7.	Hazard identification	Slightly hazardous in case of skin contact (irritant), of eye contact (irritant), of ingestion, of inhalation (there is sufficient evidence to conclude that product meets the revised EU criteria (1996) for classification as a respiratory sensitizer (a cause of asthma). It is important that this produce is consumed with plenty of liquid
8.	First aid measure	Eyes – wash eyes thoroughly with water. Skin – wash exposed area with mild soap and wate. Ingestion - Do NOT induce vomiting unless directed to do so by medical personnel. Seek medical advice in case of large amount being ingested. Inhalation – remove to fresh air. Seek medical attention if breathing difficulty continues
9.	Firefighting measures	Normal firefighting precautions. Use of conventional extinguishers i.e. ABC fire extinguisher, CO 2 extinguisher, foam extinguisher
10	Accidental release measures	Use respiratory protection. Clean up spillage and remove to waste container. Clean area with water
11	. Handling and storage	Store in a dry place, keep away from heat. Avoid excess moisture





 Exposure controls/ personal protection 	Mask and gloves may be required. Persons sensitive to product should avoid inhalations. Ensure good ventilation of the work situation
13. Stability and reactivity	The product is stable. Do not expose to direct sunlight
14. Toxicological information	Not toxic. Routes of entry - Inhalation. Ingestion
15. Ecological information	Easily Degradable
16. Disposal considerations	Dispose in line with local regulations
17. Transport information	By road, rail, ship, air in clean and sound condition and full covered or airtight containers to protect from moisture, insects, and rodents. Can cause taint but not classified as dangerous so no hazard label required. Ensure materials are securely stacked
18. Regulatory information	EU criteria (1996) for classification as a respiratory sensitiser (a cause of asthma) – labelling may be required
19. Other information	None